



OUCH! TREATING MOSQUITO BITES 101

Prevention Tips: Wear clothes that are light in color. Use an insect repellent. Avoid being outside at dusk & dawn.



01 WASH

Wash the bite with soap & water.

02 TREAT

Apply calamine lotion or anti-itch cream with doctor's approval.



03 ICE

Apply an ice pack or cool compress to the site of the bite to soothe the area.



04 MONITOR

Call 911 immediately if child experiences:

Trouble breathing or swallowing, difficulty staying awake, dizziness, nausea, unexplained fever. Seek medical attention for headache, body aches or skin rash that do not get better with treatment.

